

**SAFE
K:DS**
COLUMBUS

Piedmont
COLUMBUS REGIONAL

Newsletter

November 2025

Help us make every kid a safe kid

November

Protecting Our Kids This Season

As cooler weather sets in, it's time to focus on preventing injuries in our homes and communities. November brings unique risks from heating safety to hunting season, but with awareness and preparation, we can keep children safe and healthy all month long.

CLASSES & SERVICES safekidscolumbusga.org

Safe Sleep Class: includes a new portable crib for eligible parents.

Requires Program Application:

CLASSES & SERVICES
safekidscolumbusga.org

Upcoming dates:



Car Seat Class: includes a new car seat for eligible parents.

Requires Program Application:

CLASSES & SERVICES (safekidscolumbusga.org)

Upcoming dates:

Nov 11 • Dec 9 • Jan TBA



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Preventing Childhood Injuries at home, at play & on the way.

Aflac



Kiwanis
CLUB OF COLUMBUS, GA

Growing Room
CHILD DEVELOPMENT CENTERS



Rivertown
PEDIATRICS

HOUGHSTON
CLINIC
Research • Education • Treatment

Georgia
Power

Safe Kids Columbus at the Bill and Olivia Amos Children's Hospital | 616 19th Street | Ground Floor | Columbus, GA 31901
P: 706.321.6720 | M: PO Box 4561, Columbus GA 31914 | E: safekidscolumbusga@piedmont.org | W: safekidscolumbusga.org



Carbon Monoxide Safety

- 1. Install CO detectors near sleeping areas and on every floor.**
- 2. Test detectors monthly and replace batteries twice a year.**
- 3. Never use ovens or gas ranges to heat the home.**

If anyone experiences headache, dizziness, or nausea, get fresh air and call 911.



Partner Spotlight



Jack Hughston Memorial Hospital - An Award Winning Reputation for Quality Care

The physicians and staff of Jack Hughston Memorial Hospital aspire to one goal: to deliver the highest quality patient care possible. Their aspirations have paid off year-after-year, which is evident in their award-winning reputation. Jack Hughston Memorial Hospital rated in the Top 5% in the Nation in Patient Satisfaction. The hospital is also rated among America's 100 Best Hospitals for Orthopedic Surgery and Joint Replacement in Alabama and Georgia. The hospital has ranked in the top 10% nationwide for both orthopedic and joint replacement care. Jack Hughston Memorial Hospital is an advanced acute-care hospital, offering a range of services, including orthopedic and general surgery, physical therapy, diagnostic imaging, a pharmacy, a full laboratory, and a 24-hour emergency room. Their mission is to build an organization that centers itself on excellence and customer service to provide the best orthopedic care to patients across the Southeast."

Holiday Prep & Travel Safety



Holiday Travel Safety Checklist

TIPS FOR FAMILIES

The holidays can be both a joyful and stressful time of year. Families are on the go, running errands, going shopping and taking road trips to visit relatives and friends. Here are tips for keeping your kids safe during holiday travel.

- **Everybody needs their own restraint.** Make it a rule: everyone buckled, every ride, every time, whether it's the long trip to visit family or around the block to the mall. Remember, kids will do what you do — so buckle up every time.
- **If you are flying, take your car seat with you and use it on the plane.** It will be a benefit to have it with you at your destination and when you travel to and from the airport. Rent or borrow a car seat or booster seat if you can't take your child's with you.
- **Watch out for small kids and distracted drivers in parking lots** that are busier than usual during the holidays.
- **Remind your inexperienced teen driver to be extra alert** during the holidays when people are more distracted and the weather can be tricky.
- **Avoid distractions while driving.** No text or playlist is worth the risk of taking your eyes off the road. Set your GPS to voice activated so you can concentrate on driving without having to look at your phone.
- **Plan to use a designated driver or rideshare to make sure you get home safely after celebrating.**
- **Secure loose objects.** Put hot foods, large gifts and anything that could fly around in a crash in the trunk.
- In cold states, **prepare for weather emergencies** by packing extra blankets, food and diapers. Keep your phone charged and make sure someone at your destination knows the route you are planning to take.
- **Keep car exhaust pipes clear of packed snow** to avoid carbon monoxide poisoning.



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WORLDWIDE

Supported By

CHEVROLET

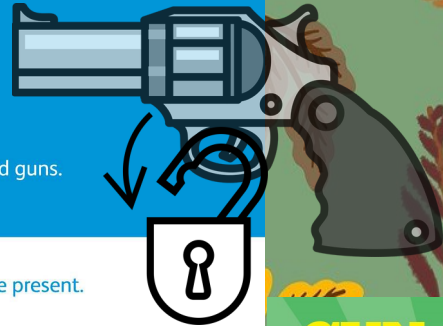


Firearm & Hunting Season Safety Month

**SAFE
KIDS**
WORLDWIDE®

Gun Safety Tips

Everything you need to know about keeping kids safe around guns.



We need to take extra precautions when kids are in an environment where guns are present.

Store Guns and Ammunition Safely

- Store guns in a locked location, unloaded, out of the reach and sight of children.
- Store ammunition in a separate locked location, out of the reach and sight of children.
- Keep the keys and combinations hidden.
- When a gun is not being stored, it should be on your person and in your immediate control at all times. Otherwise, a gun should always be stored locked, unloaded and separate from ammunition.
- Make sure all guns are equipped with effective, child-resistant gun locks.
- If a visitor has a gun in a backpack, briefcase, handbag or an unlocked car, provide them with a locked place to hold it while they are in your home.
- Leaving guns on a nightstand, table or other place where a child can gain access may lead to injuries and fatalities.

Talk to Your Kids and Their Caregivers

- Explain how a gun your kids might see on television or a video game is different from a gun in real life.
- Teach kids never to touch a gun and to immediately tell an adult if they see one.
- Talk to grandparents and the parents of friends your children visit about safe gun storage practices.

Dispose of Guns You Don't Need

- If you decide that you no longer need to have a gun in your home, dispose of it in a safe way. Consult with law enforcement in your community on how to do so.

It is estimated that about one third of households with children ages 17 and under have a gun in the home.

Visit Our Website For Locations For A Free Gun Lock



GUN SAFETY

If you see a gun, follow these four steps:



STOP



DON'T TOUCH



GET AWAY

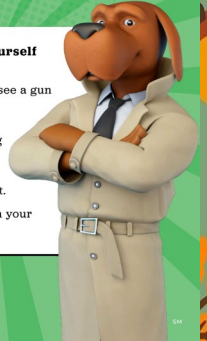


TELL AN ADULT

Follow these tips to protect yourself and keep other people safe:

- Tell somebody immediately if you see a gun in someone's backpack at school.
- Tell a trusted adult if you hear someone say they're going to bring a gun to school.
- If you're not sure why a gun is dangerous, talk to a parent about it.
- Stay away from guns and you're on your way to staying safe!

NCPC
National Crime Prevention Council
LEARN MORE: ncpc.org



McGruff's Gun Safety Pledge

I hereby promise:

If I ever see a gun, at home or at school, I will follow McGruff's 4 Steps of Gun Safety:

1. Stop.
2. Don't touch.
3. Get away.
4. Tell an adult.

Student Signature _____

Parent/Guardian Signature _____

McGruff Signature: _____

Date: _____



NCPC



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

November

National Child Safety & Home Protection Month



2

4 Safe Sleep [Online Class](#)

CO Safety Week 2-8

9

11 Car Seat [Online Class](#)

Firearm Safety Week 8-14

16

Home Protection Week 16-22

23

Holiday Prep Week 23-29





Safe Sleep SYMPOSIUM

Presented by Safe Sleep Community Council

Registered attendees will enjoy a boxed lunch and complete a short pre/post survey.

Wednesday, October 22
10 a.m. to 1 p.m.

Bill and Olivia Amos Children's Hospital,
First Floor Conference Room, 616 19th St,
Columbus, GA 31901



Destiny Stokes, MPH

First Candle

"From Trust to Transformation:
First Candle's Community-
Based Safe Sleep Education"



Terri Miller

Georgia Department
of Public Health

"Understanding Sudden
Unexpected Infant
Death in Georgia"



Bridget Hamilton PhD, MPH, RN

Emory University

"Safe Sleep Made Simple:
What Parents Need to Know About
Nursing Pillows"

Piedmont.org/safesleep25



SAFE
KIDS
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first
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EMORY
NELL HODGSON
WOODRUFF
SCHOOL OF
NURSING

DPH
Georgia Department of Public Health

REGISTRATION:

[Piedmont.org/
safesleep25](https://Piedmont.org/safesleep25)

a. In-person Luncheon
(limited to 60 people)

b. Attend Online, link
sent after registration
is complete.

Safe Sleep Symposium 2025



