

**SAFE
K:IDS**
COLUMBUS



Piedmont
COLUMBUS REGIONAL

Newsletter

April 2026

Help us make every kid a safe kid

**“Prepared families take action,
because protecting our
children is always worth it”**

APRIL

CLASSES & SERVICES
safekidscolumbusga.org

Safe Sleep Class: includes a new portable crib for eligible parents.

Requires Program Application:

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Apr 21 • May 5 • Jul 7

Car Seat Class: includes a new car seat for eligible parents.

Requires Program Application:

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Apr 7 • May 19 • Jun 21

What's Inside

- ◆ National Safety Week
- ◆ National Public Health Week
- ◆ National Volunteer Week
- ◆ National Distracted Awareness Month
- ◆ Window Falls & Lawn Mower Safety

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Preventing Childhood Injuries at home, at play & on the way.

Aflac



Kiwanis
CLUB OF COLUMBUS, GA



Growing Room
CHILD DEVELOPMENT CENTERS



Rivertown
PEDIATRICS



HUGHSTON
CLINIC
Research • Education • Treatment

**Georgia
Power**

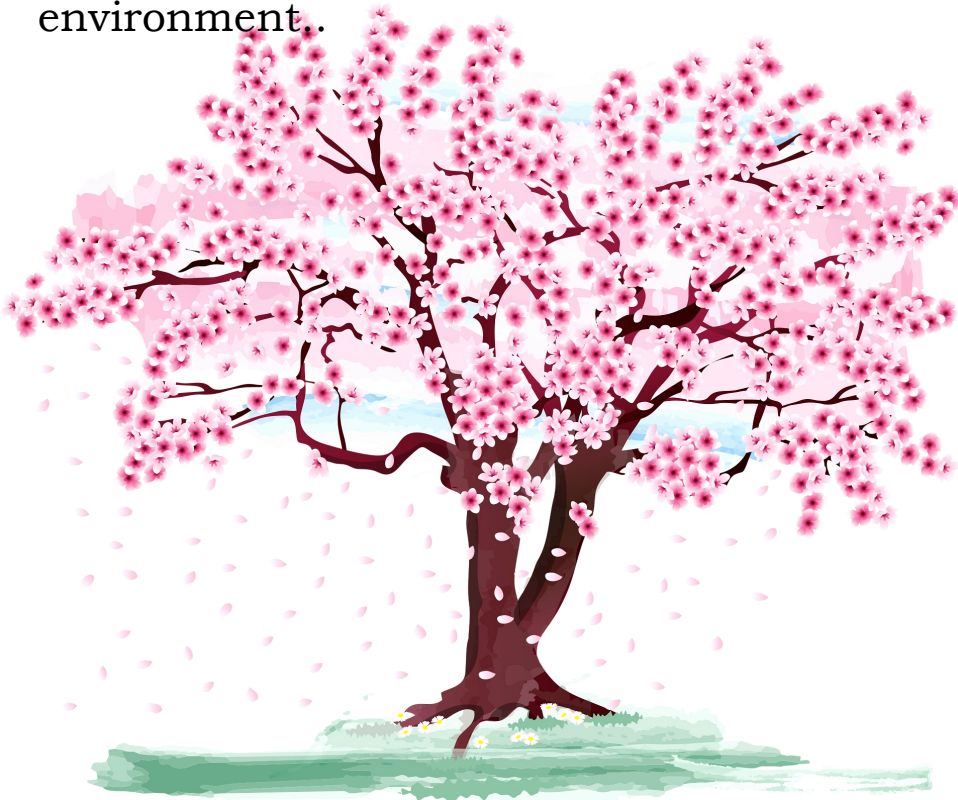
Safe Kids Columbus at the Bill and Olivia Amos Children's Hospital | 616 19th Street | Ground Floor | Columbus, GA 31901
P: 706.321.6720 | M: PO Box 4561, Columbus GA 31914 | E: safekidscolumbusga@piedmont.org | W: safekidscolumbusga.org



Sponsor Spotlight



From the company's beginnings in 1988, Growing Room's primary mission has been to provide the highest quality early childhood education program in the country. We give each child a loving, clean, secure school. Our centers are filled with dedicated, well-trained teachers whose goal is to provide a lifelong love of learning and skill development in areas like reading, writing, math, computer technology, and self-help skills. When your children enter our Growing Room center, you will quickly see why they grow to love their learning environment..



“Ready, Set, Safe! Taking Action to Protect Our Children”

April is full of opportunities to turn awareness into action. From public health initiatives to volunteer appreciation, this month reminds us that every small step we take helps keep children safe. Let's work together to build safer homes, roads, and communities for our kids.

National Safety Week (April 5–11)



Carbon Monoxide Safety

TIPS FOR PARENTS

CHECK CARBON MONOXIDE ALARMS

- ❑ Make sure there is a working carbon monoxide (CO) alarm on every level of your home and near sleeping areas.
- ❑ Test CO alarms every month to make sure they are working correctly.
- ❑ Replace CO alarms according to the manufacturer's instructions.

PREVENT CO POISONING

- ❑ If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not leave the engine running even if the garage door is open.
- ❑ Generators and grills should be used outside the home, away from windows and doors.
- ❑ On the outside of your home, make sure vents for the dryer, furnace, stove and fireplace are clear of snow and other debris.

IN AN EMERGENCY, LEAVE THE HOME IMMEDIATELY

- ❑ If the CO alarm sounds, immediately leave the home.
- ❑ Call 911 or the fire department after you are outside the home. Remain outside until emergency personnel arrive.

**SAFE
K:IDS**
WORLDWIDE.



Install a carbon
monoxide alarm
on every level
of your home.
[CLICK HERE](#)

- **Check** smoke alarms and carbon monoxide detectors
- **Review** fire escape plans with children
- **Check** fire extinguishers

National Public Health Week (April 6–12)

Get The Facts

CLICK HERE

What Is Public Health? Our Commitment to Safe, Healthy Communities

Definition

Public Health is Prevention.

Public health is the practice of preventing disease and promoting good health within groups of people, from small communities to entire countries.

Public Health is Policy Development and Population Health Surveillance.

Public health professionals rely on policy and research strategies to understand issues such as infant mortality and chronic disease in particular populations.

Why It's Important

Public Health Saves Money and Improves Quality of Life.

A healthy public gets sick less frequently and spends less money on health care; this means better economic productivity and an improved quality of life for everyone.

Improving Public Health Helps Children Thrive.

Healthy children become healthy adults. Healthy kids attend school more often and perform better overall.¹ Public health professionals strive to ensure that all kids grow up in a healthy environment with adequate resources, including health care.

Public Health Prevention Reduces Human Suffering.

Public health prevention not only educates people about the effects of lifestyle choices on their health, it also reduces the impact of disasters by preparing people for the effects of catastrophes such as hurricanes, tornadoes and terrorist attacks.

Who Does It?

Public Health as a Profession.

Rather than being a single discipline, public health includes professionals from many fields with the common purpose of protecting the health of a population.²

- Emergency Responders • Restaurant Inspectors • Health Educators • Public Policymakers • Scientists and Researchers
- Public Health Physicians • Public Health Nurses • Occupational Health and Safety Professionals • Social Workers
- Sanitarians • Epidemiologists • Nutritionists • Community Planners • Dental Health Practitioners

Examples of It

Public Health in Policy and Practice.

- Vaccination programs for school-age children and adults to prevent the spread of disease
- Regulation of prescription drugs for safety and effectiveness
- Safety standards and practices to protect worker health and safety
- Ensuring access to clean water and air
- Educational campaigns to reduce obesity among children
- Measurement of the effect of air quality on emergency recovery worker
- School nutrition programs to ensure kids have access to nutritious food.

¹ Olds, DL. (2002). Prenatal and infancy home visiting by nurses: from randomized trials to community replication. *Prevention Science*, 3(3):153-72.

² APHA staff (2006) The public health workforce: Left unchecked, will we be protected? APHA Issue Brief. Available online: www.apha.org



American
Public Health
Association

800 I Street, NW • Washington, DC 20001 • www.apha.org



National Volunteer Week (April 19–25)

We are incredibly grateful for our volunteers who dedicate their time and passion to keeping children safe in Columbus. Your efforts make a lasting difference!

Interested in joining us? Reach out and become part of our mission to prevent childhood injuries.



Distracted Driving Awareness Month

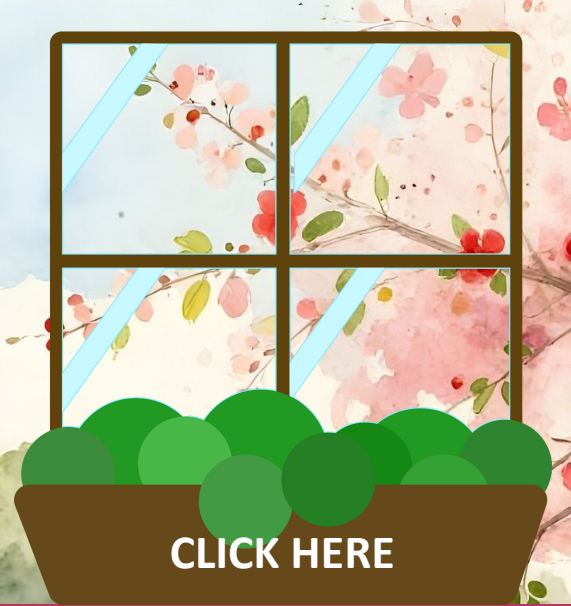
Distracted driving is one of the leading causes of crashes.

Protect children by:

- Putting your phone away while driving
- Setting a good example for young passengers
- Staying focused—every trip, every time



Window Fall Prevention (Spring Safety)



As temperatures rise, windows open—
but so does the risk of falls.

Safety Tips:

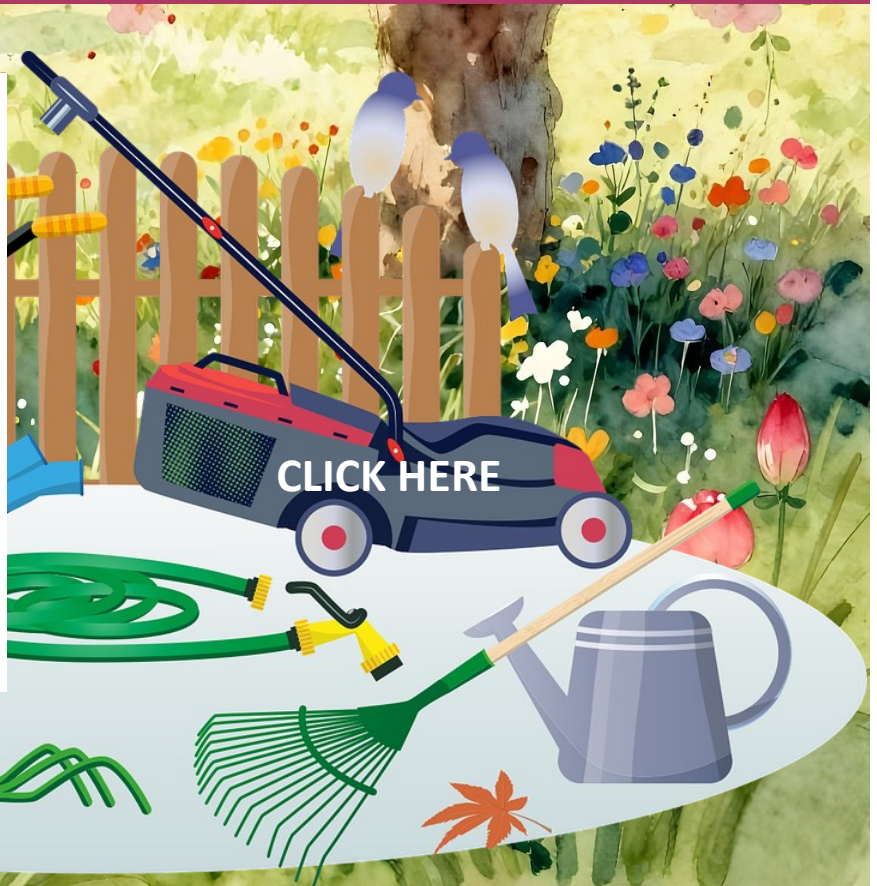
- Install window guards or stops
- Keep furniture away from windows
- Never rely on screens—they are not designed to prevent falls
- Supervise young children at all times

Lawn Mower Safety (April 20–26)

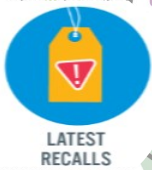
**Children and lawn mowers are
a dangerous combination.**

Keep kids safe by:

- Keeping children indoors or at a safe distance while mowing.
- Never allowing children to ride on mowers.
- Checking the yard for objects before mowing.
- Wearing protective gear and using proper equipment.



APRIL



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

Window Fall Prevention (Spring Safety)

5

7 Safe Sleep Online Class

National Safety Week (April 5-11)

12

National Public Health Week (April 6-12)

19

21 Car Seat Online Class

National Volunteer Week (April 19-25)

26

Lawn Mower Safety (April 20-26)



2026 Strategic Planning Meeting



Congratulations to Erin on your exciting new chapter! While we'll truly miss your energy, talent, and kindness here, We are happy to see you moving forward toward new opportunities. Wishing you all the success, joy, and fulfillment you deserve—farewell, and keep shining!"

