

# JUNE

Protecting kids wherever Summer takes them - from water to wheels

Safety All Season Long

## CLASSES & SERVICES [safekidscolumbusga.org](http://safekidscolumbusga.org)

**Safe Sleep Class:** includes a new portable crib for eligible parents.

**Requires Program Application:**

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Jul 7 • Aug 4 • Sept 1

**Car Seat Class:** includes a new car seat for eligible parents.

**Requires Program Application:**

[CLASSES & SERVICES \(safekidscolumbusga.org\)](http://CLASSES & SERVICES (safekidscolumbusga.org))

Upcoming dates:

Jul 21 • Aug 18 • Sept 15

## National Home Safety Month



## What's Inside

- ◆ National CPR & AED Awareness
- ◆ Gun Violence Awareness Day
- ◆ Button Battery Awareness Week
- ◆ Fireworks Safety Week
- ◆ Sun Safety Week



*Preventing Childhood Injuries at home, at play & on the way.*





## Sponsor Spotlight



# Aflac®

Since our founding in 1955, we've put the customer first by reminding ourselves daily of the promises we've made to those we insure. By doing so, we've gained the trust of millions of people who count on us to pay claims fairly and promptly when they need us most. Our customers choose Aflac because of our commitment to helping provide them with the confidence that comes from being better prepared for whatever life may bring.

## National Home Safety Month

### Quick Safety Checklist:

- Check smoke detector batteries
- Lock away medicines and cleaners
- Install window guards
- Always supervise children in water
- Every day, thousands of children are treated for preventable home injuries.



[Click Here](#)

# National CPR & AED Awareness Week (June 1–7)

Learning CPR can triple survival chances during cardiac arrest and is a critical skill for families.



## Family Tips:

Learn hands-only CPR and practice at home. Know where AEDs are located in schools and community spaces.

Encourage coaches and caregivers to be CPR-trained

About 70% of cardiac arrests happen at home, meaning you may save someone you love.



### CPR Fact Sheet



#### Why Learn CPR?

Cardiac arrest is a leading cause of death. It happens when an electrical problem in the heart causes an irregular heartbeat. This disrupts blood flow to the brain, lungs and other organs. Each year, more than 350,000 people in the U.S. have an EMS-assessed out-of-hospital cardiac arrest. More than 23,000 are children, and nearly 20% of these are infants.

When a person has a cardiac arrest, survival depends on receiving CPR from someone nearby right away.

According to the American Heart Association, about 90% of people who have out-of-hospital cardiac arrests do not survive. CPR, especially if performed right away, can double or triple the chance of survival. Learn CPR today. Be ready. Become a part of the Nation of Lifesavers.

No one should face a life-changing moment alone.

#### Be the Difference for Someone You Love

If you provide CPR, you will likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.



About 70 percent of out-of-hospital cardiac arrests happen in homes.



Fewer than 40% of people who have an out-of-hospital cardiac arrest get the urgent help they need before professional help arrives

Learn CPR today. Be ready. Become a part of the Nation of Lifesavers. No one should face a life-changing moment alone.

NOTE: The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.

Nation of Lifesavers is nationally sponsored by **Walgreens**



Be Ready. Find a CPR class at [heart.org/nation](http://heart.org/nation).

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For adults, Hands-Only CPR has been shown to be as effective in the first few minutes as CPR with breaths for cardiac arrest at home, at work or in public.

Hands-Only CPR has two easy steps, done in this order:

- 1 Call 911 if you see a teen or adult suddenly collapse.
- 2 Push hard and fast in the center of the chest to the beat of a song that has 100 to 120 beats per minute.

Breathing problems often cause cardiac arrest in children. This is why it's important to give two rescue breaths with each set of 30 compressions for infants and children.

#### Call 911

The dispatcher on the call can help you while getting the medical help you need on the way.

#### Music Can Save Lives

While performing CPR, you should push on the chest at a rate of 100 to 120 compressions per minute. Songs that may help you stay on beat include, *Stayin' Alive* by the Bee Gees, *Crazy in Love* by Beyoncé, *Hips Don't Lie* by Shakira or *Walk the Line* by Johnny Cash.



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### CPR Guide



The American Heart Association wants to make sure every parent knows CPR. To make sure you are ready when it matters most. Each year, more than 23,000 children have a cardiac arrest and nearly 20% are infants. Learn CPR today so you can be ready and become a part of the Nation of Lifesavers.

#### HANDS-ONLY CPR VS. CPR WITH BREATHS

##### HANDS-ONLY CPR



CALL 911



PUSH HARD AND FAST IN THE CENTER OF THE CHEST

Public awareness campaign to get more people to act when they come across a cardiac arrest. Starting point to get more people to learn CPR.

Will not meet requirements if you need CPR for your job.

##### CPR TRAINING



COMPRESSIONS + BREATHS

Offered through online or in-person classes. Provides more in-depth training with an instructor, including CPR with breaths and choking relief.

Often necessary for people who need CPR training for work.

#### HOW DOES IT WORK?

Chest compressions are good for the first few minutes someone is in cardiac arrest. Pushing the remaining oxygen through the body helps keep vital organs alive. It buys time until someone with more skills can help.

CPR with breaths combines chest compressions and breaths. This provides more oxygen to circulate throughout the body.

#### WHO CAN I USE IT ON?

**Adults and teens**  
For children and infants, the American Heart Association recommends CPR with breaths.

**Anyone who is in cardiac arrest, including:**

- Adults and teens
- Infants and children
- Pregnant women
- Victims of drowning, drug overdose, collapse due to breathing problems or prolonged cardiac arrest

#### HOW DO I LEARN?

Go to [heart.org/Nation](http://heart.org/Nation) so you can be ready and become a part of the Nation of Lifesavers.

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Nation of Lifesavers is nationally sponsored by



# Gun Violence Awareness Day (June 5)

**Wear orange on June 5th to promote awareness and prevention of gun violence.**

## How to ASK\* Friends & Family about Safe Gun Storage

TO HELP KEEP YOUR KIDS SAFE

### What to ASK

- Do they have a gun?
- Is it locked up and unloaded?
- Is the ammunition kept separately?

[CLICK HERE](#)



### How to ASK

It can feel awkward to start this conversation. Here are three sample approaches.

I know the kids have played together before, but since I just heard about "ASK" and we've never discussed this, do you have any guns in your home?

Thanks for having them this weekend! Wanted to let you know they have no allergies and are good swimmers. Also, I know we have never discussed this, but wanted to "ASK" — do you have any guns in your home?

Appreciate you watching him today. Now that he's four, I've noticed that he's pretty curious and has a great imagination. I also noted that he loves to play with pretend guns. I realize that I have never asked this, but do you have any guns?

### Why You ASK



- Children as young as the age of 3 years may have the strength to **pull the trigger** on a gun.<sup>1</sup>



- 59% of children **cannot tell the difference** between a real and fake gun.<sup>2</sup>

4,600,000



- 4.6 million children in the U.S. live in homes with **at least one gun that is loaded and unlocked**.<sup>3</sup>



- Every day, 8 children and teens are **unintentionally shot** in the United States.<sup>4</sup>

### If there are guns in a home, ask friends and family to:

Keep guns out of reach and out of sight of children by storing them securely. That means unloaded and secured with effective, child-resistant gun locks in a locked container, separate from ammunition.

\* ASK (Asking Saves Kids) is a way families can take active responsibility in ensuring the environment where their children live and play is safe. It is a part of the Brady "End Family Fire" campaign.

**ASK**  
SAVES KIDS

PROVIDED BY **SAFE KIDS WORLDWIDE**

IN PARTNERSHIP WITH  
Elizabeth G. Choma, DNP, MSN, RN, CPNP-PC

<sup>1</sup> Schaechter J. Guns in the Home. <https://www.healthychildren.org/english/safety-prevention/at-home/Pages/Handguns-in-the-Home.aspx>  
<sup>2</sup> Doh, K. F., Agarwal, M., Akbar, T., Chauhan, S., Lazarus, S. G., & Figueroa, J. (2019). A comparison of parental firearm storage patterns and children's access to firearms. *Pediatrics* (Evanston, Ill., 1442, Meeting Abstracts), 79–79. <https://doi.org/10.1542/peds.144.2MAL.79>  
<sup>3</sup> Matthew Miller and Deborah Kozel. "Firearm Storage in US Households with Children: Findings from the 2021 National Firearm Survey." *JAMA Network Open* 5, no. 2 (2022): e2148823.  
<sup>4</sup> <https://www.cdc.gov/injury/wisqars/fatal/index.html>

## Safe Storage Reminder:

- Always store firearms **locked, unloaded, and out of reach**
- Ask about gun safety before visits to other homes

Safe storage is one of the most effective steps in preventing child injury at home. [\[safekids.org\]](https://safekids.org)



**Click Here to find a location for a FREE gun lock**





# Button Battery Awareness Week (June 8–14)

More than 2,800 children are treated each year after swallowing button batteries. [\[safekids.org\]](http://safekids.org)

## Prevention Tips

- Keep batteries out of sight and locked away
- Check devices (remotes, key fobs, toys) for secure battery compartments
- If swallowed, go to the ER immediately

Severe injury can occur in as little as 2 hours. [PreventChildInjury.org](http://PreventChildInjury.org)

### There's a little-known risk to small children.

Inside small electronic devices may be very powerful coin-sized button batteries. When swallowed, these batteries can get stuck in the throat and cause severe burns or death.



- 1 Keep devices with button batteries out of reach if the battery compartments aren't secure, and lock away loose batteries.
- 2 If a child swallows a button battery, go to the emergency room right away. Do not let the child eat or drink and do not induce vomiting.
- 3 Share this information with other parents and caregivers.

### Coin lithium button batteries can cause severe injuries when swallowed.

Each year, there are about 3,200 calls to U.S. Poison Control Centers about a button battery being swallowed. Nearly 6 out of 10 of these cases are for children under the age of 6.



Many slim, sleek electronic devices have button battery compartments that are easy to open and most parents do not know there is a risk.

If a child swallows a button battery, symptoms may be similar to other illnesses, such as coughing, drooling, and discomfort. Kids can usually breathe with the battery in their throat, making the problem hard to spot.



National Battery Ingestion Hotline: 1-800-498-8666

[CLICK HERE](#)



# World's Largest Swimming Lesson (June 25)

## “Swimming Lessons Save Lives”

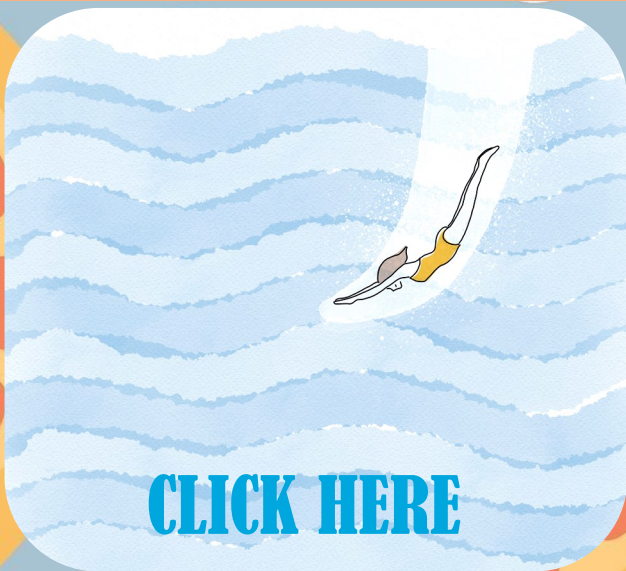
Join thousands of families worldwide to learn lifesaving water skills!

### Why it matters:

Drowning is a leading cause of death for young children.

Swim lessons build lifelong water safety skills.

Sign up your child at a local pool or aquatic center!



[safekidscolumbusga.org](http://safekidscolumbusga.org)



# Fireworks Safety Week (June 28–July 4)

[CLICK HERE](#)



**Fireworks may be fun—but they are not safe for children.**

Over 3,000 children under age 15 are treated each year for fireworks injuries.

Safe Kids Tips:

- Attend public fireworks shows
- Never allow children to handle fireworks
- Use glow sticks instead of sparklers

Sparklers can reach 1,200°F—hot enough to cause serious burns.

[Click Here](#)

# Sun Safety Week (June)

Protect your child's skin during outdoor play.

Sun Safety Tips:

- Apply SPF 30+ sunscreen every 2 hours
- Wear hats & protective clothing
- Stay hydrated and seek shade

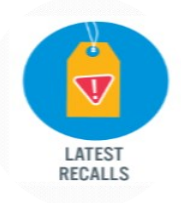
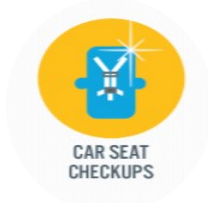
Early protection helps prevent long-term skin damage.



[CLICK HERE](#)



# JUNE



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1						5
<b>National CPR &amp; AED Awareness Week</b>						
		7				
5		Safe Sleep Online Class	<b>Button Battery Awareness Week</b>			
12	<b>National Home Safety Month</b>					
19		21				25
		Car Seat Online Class				World's Largest Swimming
26	<b>Sun Safety Week &amp; Fireworks Safety</b>					

# Sponsor Highlight with Safe Kids Columbus



**Growing Room**  
CHILD DEVELOPMENT CENTERS

You Are Cordially Invited  
To

## GRAND OPENING & RIBBON CUTTING

**Growing Room Child Development Center**  
In the heart of Uptown Columbus & The Mill District

- Friday, May 22, 2026
- 9:00 AM
- 1600 1st Avenue, Columbus, GA 31901

Where Children Grow, Learn & Thrive

Join us for a ribbon cutting ceremony, guided tours, and light refreshments!



# Water Safety Kickoff with DNR



Safe Kids Columbus GA · May 21 · ✨



Safe Kids Columbus GA · May 21 · ✨

